

Developing Accessible Resources About Sexual Health and Sexuality

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SECCA Agency Overview

Sexuality

Education

Counselling

Consultancy

Agency



Easy Read Writing

- Short sentences with no contractions.
- Minimal commas and slang.
- Avoid implied meaning by clearly identifying and explaining important topics.
- **Bold** words with extra meaning and explain this in a glossary.
- Guide understanding by ordering content and repeating ideas.
- And . . . ?

Sex Characteristics

Sex characteristics are made up of things in your body:

- Your genitals which are your **private** parts between your legs.
- Your reproductive organs which are inside your body.
- Your hormones which you cannot see but control body changes.
- Your chromosomes which you cannot see but are in your DNA.

You are born with your sex characteristics. Some of your sex characteristics also grow or change during puberty.

Pictures

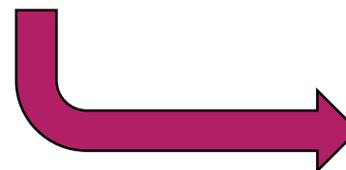
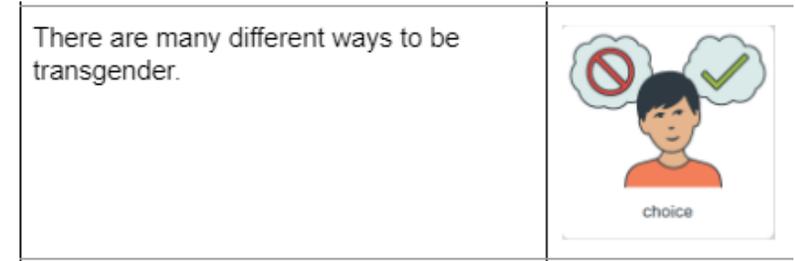
- Explain content and meaning of text. Consider:
 - Showing ideas and not assuming knowledge.
 - Using less visual detail.
 - Having labels/arrows.
 - Showing diversity.
 - If need 1 detailed picture or many in a sequence.
 - Having layouts that leave empty space.

Make sure a condom is on correctly so you and your partners are safer from infections. You can practice putting a condom on.

 check condom expiry	 open condom	 pinch tip of condom	 roll condom down
 put lube on	 sexual activity	 slide off condom	 put in bin

Animation

- Select specific pictures that match and clarify meaning.
- Balance diversity and repetition.
- Use less and slow movement.
- Consider a trauma-informed practice when selecting pictures.
- More pictures needed than print (about 1 to 3 per sentence).
- Have less transitions.
- Pictures do not need labels.



Sound

- Prepare script in Easy English.
- Match nature of voiceover artist's tone with content.
- Slower than conversation speaking speed.
- Consider pronunciation to enhance understanding.
- Use obvious pauses for punctuation.
- Consider having only one voiceover artist per video.
 - If more: Have one voice speaking at a time.
- Balance speaking and silence:
 - Simple soft instrumental music can fill silence and suggest mood.



Health Checks of Private Body Parts (2:05 duration): <https://vimeo.com/766744672/3c130eb0fa>

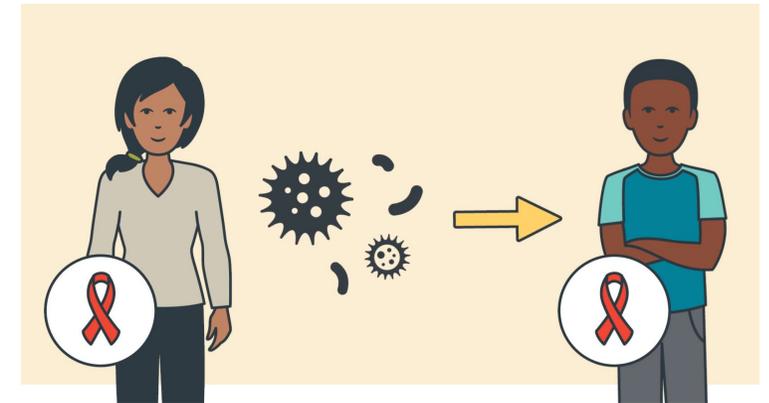
Closed Captions

- Have closed captions present for all spoken content, even if written on screen.
- Support comprehension by presenting closed captions in chunks of meaning.
- Use full stops after headings to show pauses.
- Format listed content to make listing obvious.
- Ensure compound words are shown on the same closed caption line (such as “sexual health service”).
- Limit the need for rapid reading:
 - Reduce rapid changing of closed caption lines. Could have partial sentences shown instead of 1 or 2 words.

HIV is a virus

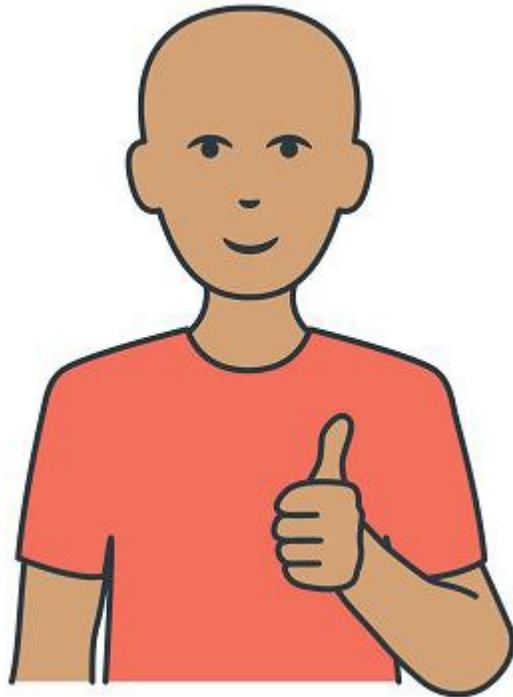
you can get from

someone who has the virus in their body.



Safer Sex (HIV content at 5:25):
<https://vimeo.com/773200620/85436427e3>

Thank you



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